

Fred Sarkari Bio

Fred has a background in Psychotherapy, with a focus around emotional engagement in personal and professional relationships. He has been dubbed by the media as a human behavior expert. He coaches, teaches and provides management consulting services to a broad range of organizations from start ups to some of the world's largest organizations.

He is the president of a unique sales and personal development company that *Inspires* and *Educates* individuals and organizations to *Execute* their goals and plans.

In addition to his popular course facilitation, Fred has published three books, two of which are Best Sellers:

- “How the Top 5% Think! – Principles of Great Leaders”
- “Courage To Be Naked – Guide to Communicating and Presenting Your Message.”
- “101 Exercises To Change Your Life / Business”

Fred remains highly active in providing individuals with ongoing 1-on-1 coaching from goal setting to execution.

Fred has facilitated numerous workshops for employees of various companies including: Microsoft, Wells Fargo, BMW, Scotia Bank, Coca-Cola, Home Depot, CIBC, Royal Bank, North West Mutual Funds, Ceridian, Promotional Products Association, BMO Bank of Montreal, Genworth Financial, Hilton Hotels, Midas, Four Seasons Hotels and many more.

If you are looking for a professional speaker to inspire, educate and help your audience execute their ideas – Fred is the perfect person for your conference.

Fred Sarkari provides services to organizations internationally. For more information please feel free to visit www.fredsarkari.com or contact Fred Sarkari personally at fred@fredsarkari.com – 800.742.2379.